

SUGGESTIONS FOR NON-ACADEMIC SUBJECTS

Music

1. Learning a musical instrument such as piano, recorder, guitar, or flute
2. Learning dance skills such as ballet, ballroom dancing, or street dance
3. Watching musical productions or concerts
4. Listening to and identifying classical music
5. Learning music history through research
6. Joining a choir or dance group
7. Composing songs or lyrics
8. Using music curriculum such as [Music Appreciation for the Elementary Grades](#)

Art

1. Learning paper skills such as origami, paper cutting, or paper maché
2. Learning drawing/coloring skills such as sketching, coloring, oil pastels, watercolors, or finger painting
3. Learning art history through research
4. Watching stage productions
5. Learning graphic design skills such as Photoshop or paintbrush
6. Learning art skills involving beads, yarn, sand, glitter, wood, or fabric
7. Learning painting skills on figurines, on glass, on mugs, or on shirts
8. Using art kits from toy stores and bookstores
9. Using art curriculum such as [A Beka Art Projects](#) or [Art Works for Kids](#)

P.E./Health

1. Learning a sport such as basketball, volleyball, swimming, cycling, or gymnastics
2. Watching sporting events
3. Learning sports history through research
4. Learning nutrition through research
5. Learning parts of the body and general anatomy
6. Learning calisthenics exercises such as jogging, stretching, balance, or jumping rope
7. Learning health habits such as eye care, hygiene, and avoidance of vices
8. Using health curriculum such as [Homeschool Family Fitness](#) or [Horizons Health](#)

Livelihood/Technology

1. Learning household skills such as cooking, cleaning, sewing, or decorating
2. Learning computer skills such as downloading, installing, photography, typing, or using office programs
3. Learning office skills such as counting money, folding letters, or shredding paper
4. Learning mechanical skills such as furniture assembly, cardboard construction, or changing batteries
5. Learning gardening skills such as planting, watering, or weeding
6. Learning self-care skills such as tying shoelaces, making the bed, microwaving, or doing groceries
7. Learning service skills such as styling hair, setting the table, or caring for the elderly
8. Learning travel skills such as planning an itinerary or packing a suitcase